

THRIVE Youth Worker Handbook  
Annex G. Pre- and Post-Assessment Template

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Use these questions before and after the local sessions to identify change in confidence and readiness.

- How confident do you feel using email for professional purposes?  
Response: \_\_\_\_\_
- How confident do you feel writing or updating a CV?  
Response: \_\_\_\_\_
- Do you know where to search for job vacancies online?  
Response: \_\_\_\_\_
- Do you feel able to send a job application by yourself?  
Response: \_\_\_\_\_
- What is most difficult for you when applying for work?  
Response: \_\_\_\_\_
- What support do you still need?  
Response: \_\_\_\_\_

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